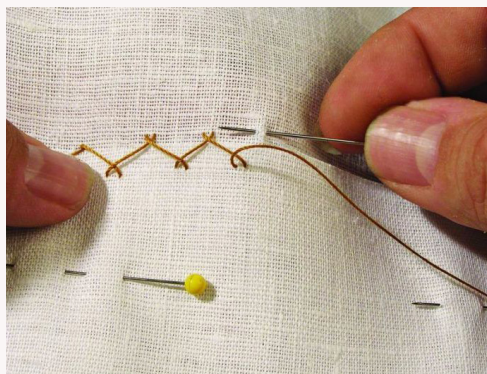# FREE Sustainable fashion
upcycling and repair course

Join us for this exciting fashion upcycling and clothes repair course taught by a former UAL short course fashion tutor.

Learn how to harness your creativity by having fun with fashion and experimenting with upcycling ideas.

Guidance and support will be provided on working with different materials, fabric application and basic clothes mending.

The course will end with a simple static visual display and fashion show (participation is voluntary).

To book for each FREE session of this course starting from Saturday, 13 April 2024
Scan this QR code with your smart phone ➡
or navigate via your browser to this link:
www.bit.ly/sustainable-fashion-upcycle

See overleaf for more information on this exciting short course >>>

Sustainable Fashion Upcycling & Repair

DATES: 13/04/2024 – 08/06/2024

TIMINGS: 15.00 – 17.30 most Saturdays
with Friday evenings some weeks
(see full schedule on eventbrite)

LOCATION: Katherine Rd Community Centre, E7 8PW

COST: FREE

Who should attend

Suitable for complete beginners. No prior design, sewing or drawing experience required.

Course content

- Learn invisible mending, plus decorative visible mending hand techniques

- Discover how to wear and style clothes differently to reinvigorate your wardrobe

- Learn how to simply create your own upcycling ideas

- Be guided on working with different materials, fabrics and textures

- Discover basic, introductory pattern cutting and making principles

- Work on implementing your upcycling fashion ideas

- Benefit from design and making support

- Show off your creations as an end of course display or in a final session fashion show.

Course outcomes

Have fun and continue to practice your new skills and continue your creative development!

We also ask you to commit to share your newfound knowledge as widely as you can.

The sharing of sustainable skills is a responsibility we each have. It is also a gift to be able to share with others!

See evenbrite for details - www.bit.ly/sustainable-fashion-upcycle